

PE Report 2019-20

Physical education is an integral part of the total education system. Our school gives much importance to the holistic development of the child. So we organised different sports programs for the students. We provide training for different sports items such as Judo, Kurash, Karate, Football, Volleyball, throw ball, badminton, etc.

SAHODAYA FOOTBALL TOURNAMENT

Our school participated in Kottayam District Sahodaya football tournament under 15 boys held at Labour India Public School, Marangattupally. 15 students from our school participated in it.

ANNUAL SPORTS MEET

School annual sports meet was conducted on 6th November 2019, which was inaugurated by our beloved Principal Sr. Zion Maria. Competitions were held in three categories. The day was made colourful by the band set and march past of four groups. We conducted competition for athletics, football, throw ball, tag of war, volleyball, shuttle, etc.

KIDS SPORTS DAY

Annual sports day was conducted for the KG students of our school. Kids sports day was conducted on November 6th 2019, and our vice principal Sr. Leema Maria inaugurated the function. Competitions were arranged house wise and different events were included in the competition.

JUDO

District level Judo competition was held on 28.08.2019, at St. George V.H.S.S., Kaipuzha. 31 students participated in that competition and 24 students were selected to the state level. Our school bagged the Championship. State level under 14 Judo competition was conducted at Kumbalath Sangupilla Memorial Devaswom Board College, Sasthamkotta, Kollam, on 8th & 9th September 2019. Our 14 students participated in this competition.

State level Cadet Judo competition was held at FACT Township School, Eloor, Aluva, on 21st and 22nd October 2019. 7 students from our school participated in it, and they performed well in this competition.

18 students from our school participated in the CBSE South Zone level competition held at Vahe Global Academy, Gunjur, Bangalore, on 27th September 2019. They performed well and won 1 Gold medal 5 Silver medals and 3 Bronze medals. Our students brought a golden feather to our school through their proud achievement.

Four of our students got an opportunity to represent Kerala state, in the National level competition held at Asha Modern School, Saharanpur, Uttar Pradesh

KURASH

26 students from our school participated in Kurash Tournament at Vasco Da Gama Square, Fort Kochi, which was organised by Kerala Kurash Association. Five of our students won the Gold medal, 5 won Silver medal, and 7 students got the Bronze medal. Our school bagged a great victory in the competition.

ATHLETICS

The children of our school participated in the Sahodaya Athletic Meet held at Alfeen Public School, Kanjirappally. Our children put in a great performance and won a Bronze medal in the hundred metre race.

THROW BALL

Our girls team participated in the Sahodaya throwball competition held on St. John the Baptist, Nedumkunnam, and performed well in the competition.

SHUTTLE BADMINTON

Energetic boys and girls represent our school in the Sahodaya shuttle badminton competition held at Girideepam Bethany Central School, Kalathipady, in single and double and performed well in the competition.

CHESS COMPETITION

An esteemed performance in Chess Championship is another renowned skill of students in our school. Our students brought laurels to the school through their performance in different chess competitions. 4 students from our school participated in the Kottayam Sahodaya Chess Championship held at Ebenezer International School, Ettumanoor, in August 2019 and one of our students secured the first place in the sub-junior category.

Our school participated in the Inter-School Chess Tournament held at St. Alphonsa Public School, Kudamaloor. 10 students from our school participated in this competition and one of them secured 5th position.

Our students participated in the District Open Chess Tournament conducted by Kottayam Chess Academy in October 2019. One student achieved third place in this competition.

Some of our students competed in the Inter-School Individual Chess Championship organised by Chess Association, Kottayam, and they performed well.